

LWW Health Library: Exercise Science and ACSM Certification Suite

Why LWW Health Library?

LWW Health Library delivers trusted health science education and clinical content directly to students, faculty, and staff through a single portal—providing interactive online access to essential texts, images, real-life case studies, and quiz banks specifically tailored for the specialty. These resources are a must-have for related educational programs—ensuring you have the resources you need to effectively support your students' foundational learning and clinical practice.

Essential Educational and Clinical Content for Exercise Science Training



Key Features of LWW Health Library

A single portal to foundational and basic sciences resources, as well as rich multimedia ancillaries for teaching, learning, and practice

- Ovid® Insights Widget associated with each chapter of every text that automatically curates relevant journal content
- Personal accounts offered to institutional users that allow for out of IP range access for up to 30 days and the ability to print/download/save chapters
- New editions continuously added in tandem with print publication
- Online self-assessment to further enhance student's exam preparation
- Ability to search or browse content across both collections
- All content optimized for desktop, tablet, and mobile usage

Two collections available!

Both collections feature key titles—including many from the American College of Sports Medicine®—in an easy-to-search and browse experience.

LWW Health Library Exercise Science Collection:

- LWW's leading Exercise Science content, including ACSM titles, offered in one digital product with sophisticated semantic search and user-friendly navigation
- Over 3,600 images, downloadable as PowerPoint slides
- Over 2,400 multiple-choice questions with explanations and chapter-level remediation
- 100 videos demonstrating important techniques
- Instructor PowerPoints, lab manuals, and worksheets to supplement comprehension

LWW Health Library ACSM Certification Suite:

- Focused collection, intended to support students who will sit for an ACSM certification exam
- Over 1,200 images, downloadable as PowerPoint slides
- Over 1,600 multiple-choice questions with explanations and chapter-level remediation
- 180 videos demonstrating important techniques
- Case studies and forms to familiarize students with working with clients in their professional careers

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Exercise Science

Accessible through LWWHealthLibrary.com, this collection of 18 must-have references focuses on areas of theoretical knowledge—such as exercise physiology, biomechanics, sports psychology, and motor control—that all students enrolled in the Exercise Science undergraduate programs must master.

- ***Exercise Physiology: Integrating Theory and Application, 2nd Edition***
William J. Kraemer, Steven J. Fleck, and Michael R. Deschenes
- ***Biomechanical Basis of Human Movement, 4th Edition***
Joseph Hamill, Kathleen M. Knutzen, and Timothy R. Derrick
- ***Motor Behavior: Connecting Mind and Body for Optimal Performance, 2nd Edition***
Jeffrey C. Ives
- ***Exercise Physiology: For Health, Fitness, and Performance, 5th Edition***
Sharon A. Plowman and Denise L. Smith
- ***Therapeutic Exercise: Moving Toward Function, 4th Edition***
Lori Thein Brody and Carrie M. Hall
- ***Research Methods: A Framework for Evidence-Based Clinical Practice***
Wendy L. Hurley, Craig R. Denegar, and Jay Hertel
- ***Taping and Wrapping Made Simple***
Brad A. Abell
- ***Stretching for Functional Flexibility***
Phil Armiger and Michael A. Martyn
- ***Lifelong Motor Development, 7th Edition***
Carl P. Gabbard
- ***ACSM's Research Methods***
Lawrence E. Armstrong and William J. Kraemer
- ***ACSM's Introduction To Exercise Science, 3rd Edition***
Jeffrey A. Potteiger
- ***ACSM's Advanced Exercise Physiology, 2nd Edition***
Peter A. Farrell, Michael J. Joyner, and Vincent J. Caiozzo
- ***ACSM's Foundations of Strength Training and Conditioning***
Nicholas Ratamess, Jr
- ***ACSM's Behavioral Aspects of Physical Activity and Exercise***
Claudio R. Nigg
- ***ACSM's Career and Business Guide for the Fitness Professional***
Neal I. Pire
- ***ACSM's Exercise for Older Adults***
Wojtek J. Chodzko-Zajko
- ***ACSM's Exercise Testing and Prescription***
Madeline Paternostro Bayles and Ann M. Swank
- ***ACSM's Health-Related Physical Fitness Assessment Manual, 5th Edition***
Gary Liguori

ACSM Certification Suite

This comprehensive selection of seven authoritative books offers targeted content chosen specifically to support the comprehension and preparation for taking the ACSM Certification examination.

- ***ACSM's Health-Related Physical Fitness Assessment Manual, 5th Edition***
Gary Liguori
- ***ACSM's Resources for the Personal Trainer, 5th Edition***
Rebecca A. Battista, Mindy Mayol, Trent Hargens, and Kenneth Lee Everett
- ***ACSM's Resources for the Exercise Physiologist: A Practical Guide for the Health Fitness Professional, 2nd Edition***
Peter Magyari, Randi Lite, Marcus W. Kilpatrick, and James E. Schoffstall
- ***ACSM's Certification Review, 5th Edition***
James R. Churilla, Andrew Bosak, Brittany Montes, and Paul Sorace
- ***ACSM's Sports Medicine: A Comprehensive Review***
Francis G. O'Connor, Douglas J. Casa, Brian A. Davis, Patrick St. Pierre, Robert E. Sallis, and Robert P. Wilder
- ***ACSM's Resources for the Group Exercise Instructor***
Grace DeSimone
- ***ACSM's Exercise Testing and Prescription***
Madeline Paternostro Bayles and Ann M. Swank

Purchase the collections individually or in a cost-effective package!

REQUEST YOUR FREE TRIAL TODAY!

Contact your Lippincott Representative to learn more or email:
MedicalEducation@WoltersKluwer.com.